



# My Bundle of Joy

## Menu week #1



DAY	BREAKFAST 8:45 AM	LUNCH 11:30-11:45 PM	SNACK 2:45-3:15 PM
MONDAY #1	Scrambled Organic Eggs, Whole Wheat Toast, Bananas, Raisins, & Milk*	Spaghetti with Tomato Sauce, Cheese, Cucumber & Milk*	Animal Crackers, Sliced Tillamook Cheddar, Apples, & Milk*
TUESDAY #2	Cottage Cheese, Whole Wheat Toast, Peaches, Pears, & Milk*	Stir Fry With Organic Brown Rice, Chicken, Peas, Carrots & Milk*	Ritz Crackers, String Cheese, Bananas, & Milk*
WEDNESDAY #3	Whole Wheat French Toast, Apples, Raisins & Milk*	Grilled Tillamook Cheese Whole Wheat Sandwiches, Peas, Tomato & Milk*	Goldfish Crackers, Tillamook Cheddar, Raisins, Peaches, Pears, & Milk*
THURSDAY #4	Kix Cereal (General Mills Brand), Whole Wheat Toast, Peaches, Pears & Milk*	Homemade Noodles N' Cheese, Zucchini, Apples & Milk*	Graham Crackers, String Cheese, Raisins, Apples, & Milk*
FRIDAY #5	Whole Wheat Pancakes with Blueberries, Bananas & Milk*	Chili, Tillamook Cheese, Crackers, Peas, Carrots & Milk*	Whole Wheat Toast, Sliced Tillamook Cheddar, Bananas, & Milk*

\*Ages 12 months - 23 months: **Whole Milk** (Minimum 4 fl. oz. per meal)

Ages 24 months - 5 years: **1% Milk** (Minimum 6 fl. oz. per meal)



# My Bundle of Joy

## Menu week #2



DAY	BREAKFAST 8:45 AM	LUNCH 11:30-11:45 PM	SNACK 2:45-3:15 PM
MONDAY #6	Tillamook Strawberry Yogurt, Whole Wheat Toast, Raisins, Bananas & Milk*	Pasta Shells in Mushroom/Cheese, Cucumbers, Broccoli & Milk*	Animal Crackers, Sliced Tillamook Cheddar, Apples, & Milk*
TUESDAY #7	Whole Wheat Waffles, Peaches, Pears, & Milk*	Chicken Noodle Soup, (chicken breast added) Peas, Carrots & Milk*	Ritz Crackers String Cheese, Banana, & Milk*
WEDNESDAY #8	Whole Wheat French Toast, Bananas, Raisins & Milk*	Turkey & Tillamook Cheese Whole Wheat Sandwiches, Apples, Carrots & Milk*	Goldfish Crackers, Tillamook Cheddar, Raisins, Peaches, Pears, & Milk*
THURSDAY #9	Toasted Oat Cereal (Hospitality Brand), Whole Wheat Toast Peaches, Pears & Milk*	Chicken & Tillamook Cheese Quesadillas, Broccoli, Apples & Milk*	Graham Crackers, String Cheese, Raisins, Apples, & Milk*
FRIDAY #10	Whole Wheat Pancakes, Bananas, Raisins & Milk*	Tacoroní Bake (Noodles, Black Beans, Corn, Tillamook Cheese, Tomato Sauce), Cucumbers, Green Beans & Milk*	Whole Wheat Toast, Sliced Tillamook Cheddar, Banana, & Milk*

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Ages 24 months - 5 years: **1% Milk** (Minimum 6 fl. oz. per meal)