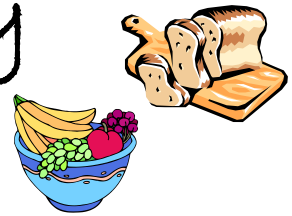




My Bundle of Joy

Menu week #1



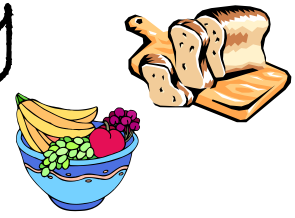
DAY	BREAKFAST 8:45 AM	LUNCH 11:30-11:45 PM	SNACK 2:45-3:15 PM
MONDAY #1	Scrambled Organic Eggs, Whole Grain Toast, Bananas, Raisins & Milk*	Spaghetti with Tomato Sauce, Cheese, Cucumber & Milk*	Animal Crackers, Sliced Tillamook Cheddar, Apples & Milk*
TUESDAY #2	Cottage Cheese, Whole Grain Toast, Peaches, Pears & Milk*	Stir Fry With Organic Brown Rice, Chicken, Peas, Carrots & Milk*	Ritz Crackers, String Cheese, Bananas & Milk*
WEDNESDAY #3	Whole Grain French Toast, Apples, Raisins & Milk*	Grilled Tillamook Cheese Whole Grain Sandwiches, Peas, Tomato & Milk*	Goldfish Crackers, Tillamook Cheddar, Raisins, Peaches, Pears & Milk*
THURSDAY #4	Kix Cereal (General Mills Brand), Whole Grain Toast, Peaches, Pears & Milk*	Homemade Noodles N' Cheese, Zucchini, Apples & Milk*	Graham Crackers, String Cheese, Raisins, Apples & Milk*
FRIDAY #5	Pancakes with Blueberries, Bananas & Milk*	Chili, Tillamook Cheese, Ritz Crackers, Peas, Carrots & Milk*	Whole Grain Toast, Sliced Tillamook Cheddar, Bananas & Milk*

*Ages 12 months - 23 months: **Whole Milk** (Minimum 4 fl. oz. per meal)

Ages 24 months - 5 years: **1% Milk** (Minimum 6 fl. oz. per meal)



My Bundle of Joy Menu week #2



DAY	BREAKFAST 8:45 AM	LUNCH 11:30-11:45 PM	SNACK 2:45-3:15 PM
MONDAY #6	Tillamook Strawberry Yogurt, Whole Grain Toast, Raisins, Bananas & Milk*	Pasta Shells in Mushroom/Cheese, Cucumbers, Broccoli & Milk*	Animal Crackers, Sliced Tillamook Cheddar, Apples & Milk*
TUESDAY #7	Waffles, Peaches, Pears & Milk*	Chicken Noodle Soup, (chicken breast added) Peas, Carrots, Whole Grain Bread & Milk*	Ritz Crackers String Cheese, Bananas & Milk*
WEDNESDAY #8	Whole Grain French Toast, Bananas, Raisins & Milk*	Turkey & Tillamook Cheese Whole Grain Sandwiches Apples, Carrots & Milk*	Goldfish Crackers, Tillamook Cheddar, Raisins, Peaches, Pears & Milk*
THURSDAY #9	Cheerios Cereal (General Mills Brand), Whole Grain Toast, Peaches, Pears & Milk*	Chicken & Tillamook Cheese Quesadillas, Broccoli, Apples & Milk*	Graham Crackers, String Cheese, Raisins, Apples & Milk*
FRIDAY #10	Pancakes, Bananas, Raisins & Milk*	Tacoroní Bake (Noodles, Black Beans, Corn, Tillamook Cheese, Tomato Sauce), Cucumbers, Green Beans & Milk*	Whole Grain Toast, Sliced Tillamook Cheddar, Bananas & Milk*

*Ages 12 months - 23 months: **Whole Milk** (Minimum 4 fl. oz. per meal)
Ages 24 months - 5 years: **1% Milk** (Minimum 6 fl. oz. per meal)